

Trauma Informed Training 2.0



Chaddock's Trauma Informed Schools Trainings bring back the focus of why we educate children, to help them reach their full potential and our care for children and youth. During these two days, Chaddock staff will share how to identify trauma and adverse childhood experiences and how educators can create environments and foster relationships that can counteract the impact of trauma. Join us for a 2 part training that includes a basic overview of what trauma is and how it impact a student's functioning, important concepts and considerations that faculty and staff can utilize when supporting students and tips and tools to create a trauma informed classroom.

**Tuesday, March 6, 2018
and
Monday, March 12, 2018**

**Location: Chaddock School
205 South 24th Street
Quincy, IL
Map attached**

*8:30 AM Registration
9:00 AM-3:30 PM Training
Breakfast and Lunch included*

Target Audience:

Teachers, Paraprofessionals, Counselors,
Social Workers, School Psychologists,
Administrators

12 Professional Clock Hours

PRESENTERS:

Joshua Carlson is a Licensed Clinical Social Worker and is the Clinical Supervisor for Family Solutions, Chaddock's outpatient therapy program.

Cory Powell is the Associate Director of Student Services at Chaddock School in Quincy, Illinois.

Registration fee for both sessions: \$25

To register, follow this link:

<https://goo.gl/forms/Lz8lXYHjvPzjwgDI3>

TRAININGS IN THE SERIES

TRAUMA 101

Tuesday, March 6, 2018

Trauma 101 will provide a thorough overview of trauma and adverse childhood experiences and their impact on student performance. This training will be beneficial used as a foundation for subsequent trauma trainings. Participants will develop an understanding of the impact of trauma on brain development and how this manifests in behaviors. Participants will leave with basic strategies that can be used to support students in their care.

TIPS AND TOOLS FOR CREATING A TRAUMA INFORMED ENVIRONMENT

Monday, March 12, 2018

Tips and tools for teachers to identify and engage with students who have been exposed to trauma in the elementary, middle, and high school environments by exploring ways to improve social/emotional functioning through relationships. Participants will explore ways to respond to support emotional, cognitive, and behavioral responses of students and improved coping in the classroom.

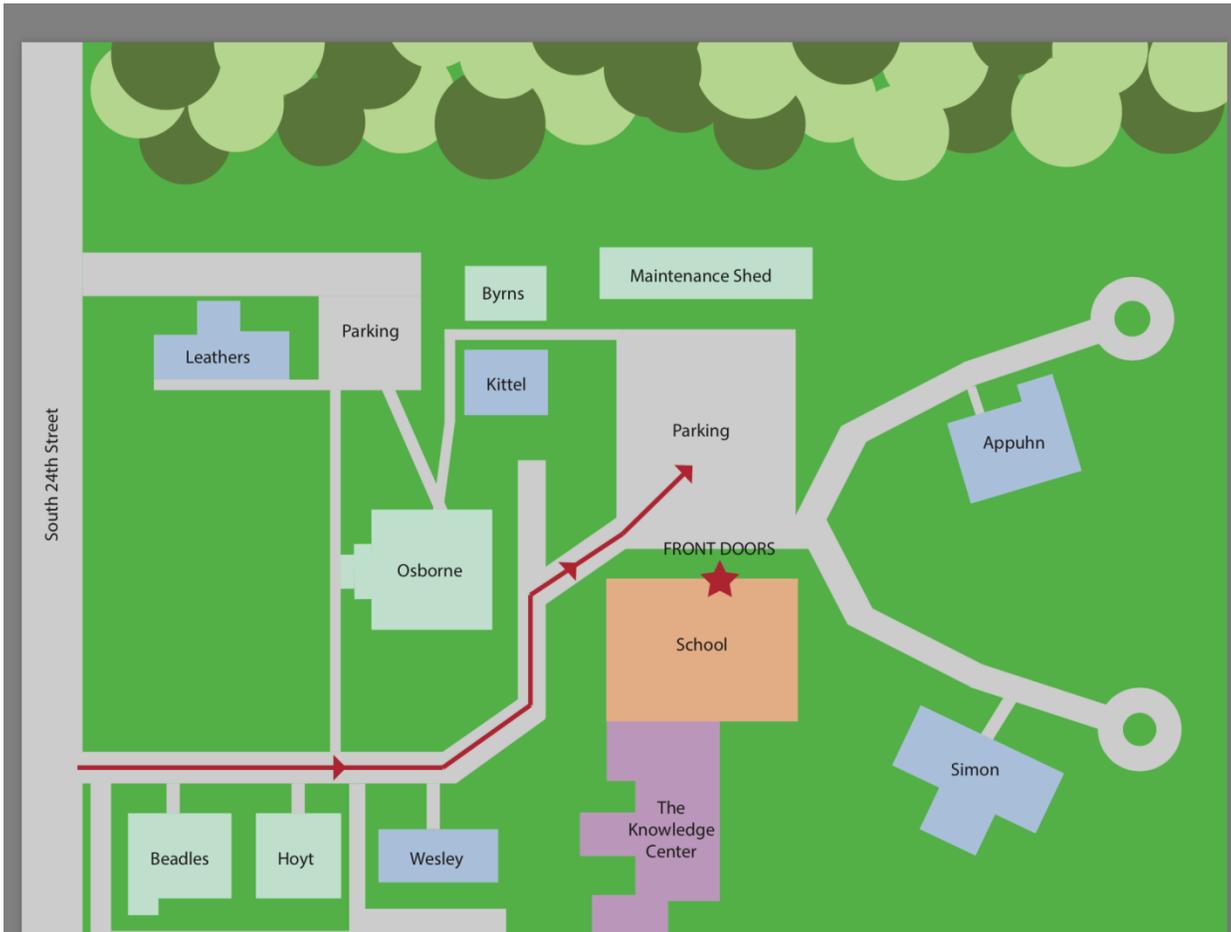
Strategies to develop a trauma informed approach will be explored. This training will focus on systems-level changes that school leaders can implement in order to enhance their programming for students with or without a trauma history. We will discuss how to roll-out trauma-sensitive approaches and how to review/revise policies and procedures to ensure that they reflect the needs of students impacted by trauma.

Primary Trainer Biographies

Cory Powell is the Associate Director of Student Services at Chaddock School in Quincy, Illinois and has had a key role in infusing trauma informed approaches in Chaddock's school environment. He holds a Bachelor of Arts Degree in Political Science from the University of Illinois at Urbana-Champaign, a Masters in Education from Quincy University, and a Specialist Degree in Educational Administration from Southern Illinois University at Edwardsville. In addition to providing leadership to Chaddock's on-campus school, Cory serves on the United Way of Adams County Education Delegation and is a Lead Evaluator for AdvancED, an organization which oversees the accreditation of over 34,000 schools and districts throughout the world.

Joshua Carlson is a Licensed Clinical Social Worker and is the Clinical Supervisor for Family Solutions, Chaddock's outpatient therapy program. He has worked with children and families at Chaddock for over 13 years, including in Chaddock's school environment. He has a Bachelor of Arts Degree in Youth and Family Ministry from Midland Lutheran College as well as a Masters in Social Work from the University of Illinois at Urbana-Champaign. He is currently pursuing his Doctor of Social Work from Walden University. In addition to providing clinical services and supervision at Chaddock, he serves with the Adams County coalition for suicide prevention, Quincy Coalition for Quincy Children, All Our Kids Network with the Adams County Health Department. He also has experience in providing training and consultation with early childhood centers on topics related to trauma.

Chaddock Campus Map with Parking



Chaddock

Chaddock is an affiliate member site of the National Children Traumatic Stress Network (NCTSN) demonstrating its expertise in developing and fostering trauma-informed systems. Numerous evidence-informed interventions have been implemented at Chaddock, including Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS), Theraplay, Child-Parent Psychotherapy (CPP), Attachment, Self-Regulation, and Competency (ARC), and Psychological First Aid (PFA). These interventions have been offered in multiple settings including a residential treatment center, foster care services, educational settings (public schools, alternative programs, and special education schools), an outpatient program, and a detention center. Not all interventions are effective with every child in every situation. Thus, developing trauma-informed organizations and systems is imperative.

Chaddock's accredited, non-public special education school serves children, ages 6-21, whose traumatic experiences and resulting behaviors have exceeded their home school district's resources and ability to meet their educational needs. Each school year, Chaddock's school serves children from an average of 40 different Illinois school districts. As a result, the information and strategies presented in the proposed training are not simply theoretical, but also tested and fine-tuned in the classroom environment. Chaddock has provided trauma and attachment-based training throughout the U.S. as well for professionals from five continents.